



LEADERS AS COACHES

REALIZING LEADERSHIP DEVELOPMENT
THROUGH THE POWER OF COACHING





Program Overview

Effective leadership is essential when navigating today's dynamic business landscape.

Being a leader extends beyond simply directing and managing; it means inspiring, motivating, and cultivating teams to achieve peak performance.

Upon completion of this six-week, immersive program, participants will have developed a robust toolset and in-depth knowledge critical to empowering team members to achieve their goals, overcome obstacles, and positively impact the organization. Participants will adopt a **Coach Approach mindset for creating an energized and supportive environment where employees feel valued, motivated, and engaged. Participants who complete the program will earn a digital credential to showcase on LinkedIn.**



Meet Your Coaches



Katie Wiesel

With over 20 years of leadership experience, Katie is dedicated to helping senior executives and mid-level leaders reach their potential. Her clients hail from prominent firms such as Blackrock, Deloitte, Fidelity, Goldman Sachs, Invesco, Sands Capital, T. Rowe Price, and UBS. She served as Senior Director of Client Engagement at UVA/Darden Executive Education from 2011 to 2022, where she led Darden's flagship open enrollment offerings.



Thomas Greek

With over 25 years of leadership experience, Thomas strives to motivate others to show up as their best selves at work and in life. He has served as an executive in varying roles for over two decades, most recently directing Learning & Development at Navy Federal Credit Union, a Fortune 100 Best Place to Work. Throughout his career, he has designed and led award-winning talent programs and has successfully helped hundreds of leaders achieve their goals.



Format

Leaders as Coaches embraces a hands-on approach designed to replicate the level of high engagement and commitment to self-improvement that you seek from your teams.

This program offers ample opportunities to practice, receive coaching, and collaborate with peers in small breakout groups. Led by leadership coaches, each session blends interactive lectures, demonstrations, and group activities in a fun and uplifting environment committed to equipping you with the practical skills and confidence needed to energize your team.

The program runs from July 8, 2026 to August 12, 2026 and includes:

- **Six Virtual Live Sessions**
- **Studies and Learning Experiments**
- **Individualized Coaching**

SESSIONS

1. Coaching Foundations

- Building Trust
- Why Coaching Matters for Today's Leaders
- Coaching Compared
- Emotional Intelligence

2. Coaching Conversations

- Coaching Principles
- Deep Listening
- Intuition
- Powerful Questions

3. Coaching for Transformation

- Goal Setting & Systems
- Change Management
- Control & Influence
- Choice

4. Coaching the Whole Person

- Wellbeing & Thriving
- Values
- Relationships

5. Coaching Mindsets & Internal Blockers

- Mindsets Explored
- Reframing
- Imposter Syndrome & Internal Blockers

6. Reflections

- Pulling it all together
- Applying Coaching in YOUR workplace



Who will this program benefit?

- **Current and aspiring leaders who want to inspire, motivate and elevate their teams.**
 - **Large and small team leads hoping to strengthen relationships with their employees and foster a positive team culture.**
 - **Senior executives seeking to refresh their leadership approach and strengthen their ability to coach and empower others**
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Testimonials

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The course content is carefully curated and presented in such a way that it helps participants take a deep introspective look and promotes specific actions that can be implemented immediately.

—Project and Portfolio Manager

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Distinguishing itself from previous leadership programs I've completed, the Leaders as Coaches program offers unique lessons that can be tailored to individual coaching styles. Additionally, you also get the incredible benefit of gaining two great mentors.

—Manager, Capital Markets Trading

Pricing

- **Standard Registration: \$3,000**
- **Early Registration (Deadline: June 1): \$2,500**
- **Group Rates (3 or more): \$2,200**